



དཔལ་ལྷན་འབྲུག་གཞུང་། གཞུང་ལྷན་ཁྲིའི་ཁག  
ཁྲིའི་ཁག་གོ་མིའི་ཁག་ལས་ཁྲིའི་ཁག་ཁྲིའི་ཁག་

Royal Government of Bhutan  
Zhemgang Dzongkhag  
DC-19TF, Secretariat

*"For efficient and effective containment of COVID-19"*



ZD/DC19TF/(01)/2022/532

Date: 20.03.2022

## PUBLIC NOTIFICATION

Following the Press Release from the PMO dated 19 March 2022, further relaxations are being announced in keeping with the cautious transition to the new phase of COVID-19 management. Over the last few days, the trend has been encouraging with most individuals choosing to remain indoors despite no blackout and lockdown in the Dzongkhag. Further, there was no single case of hospitalization of the positive cases. This has merited reconsidering the restrictions in the Dzongkhag.

The following notice on relaxation will come into effect from 21 March 2022 till further notice. This notification shall supersede the earlier notification issued on 13 March 2022.

### Movements

1. Movement of individuals and vehicles within the Dzongkhag shall be allowed without requiring E-Pass.
2. All inter-district travels including public buses are allowed with E-Pass.
3. CPMS registration shall remain the same as before.
4. Domestic travelers from high-risk areas and districts shall undergo home quarantine for a period of 7 days at the place of origin by registering at 1010 Help Desk.
5. Inter-district travelers have to register via the 1010 Help Desk prior to their travel.
6. The RT-PCR validity for the drivers of all goods carriers, including trucks and all other utility vehicles shall be 14 days.
7. One-day to-and-fro travel to pick up home quarantined individuals and medical emergencies from low to high-risk areas shall be facilitated with an escort and GPS monitoring system.
8. Driver switching or transshipment at Tamala relay station will remain the same till further notice.

### Testing & Isolation

1. Individuals with antigen positive is **considered as covid positive and shall be managed in a strict home isolation** for a duration of 7 days.
2. The buildings/flats/houses with covid positive cases shall be sealed by the security upon the receipt of details from the Surveillance team.
3. For red buildings/flats/houses, essentials will be delivered at doorstep based on the order.
4. Individuals with flu-like symptoms are advised to visit the nearest Flu clinic.

### Gatherings

1. Mass gathering is not allowed. However, important meetings may be considered upon the approval of IC.
2. Death rituals, *Lochoes* and *Rimdos* within the family members not exceeding 25 persons shall be allowed.
3. Except for tournaments, all sporting activities shall be allowed without spectators.



དཔལ་ལྷན་འབྲུག་གཞུང་། གཞིལ་མ་སྒྲང་ཚྲང་ལག  
ཚྲང་ལག་གོ་མེད་-༡༩ ལས་བྱེད་ཚུགས་ཀྱང་།

Royal Government of Bhutan  
Zhemgang Dzongkhag  
DC-19TF, Secretariat



*"For efficient and effective containment of COVID-19"*

#### Office & Business

1. All offices have to open with strict Covid protocols.
2. Except for entertainment centers, all businesses can operate until 9pm.
3. Medical services shall continue to remain open.

#### POEs

1. Categorization of high risk and low risk areas has not been changed yet. Thus, Panbang Dungkhag and Gewogs under it remain as high-risk areas till further notice.
2. Until specific directives from the AFCC on the status of POEs, Pongchula POE shall remain operational.

As the process of relaxation begins in the Dzongkhag, all the people are hereby requested to exercise self-discipline while performing routine activities and avoid unnecessary travels and gatherings.

(Chimi Dorji, ASA)

**Incident Commander**